



## Corey Gilmore's *MAN*-ifesto Academic Affairs and Men's

### Plans for academic affairs:

- Weekly structured **study sessions** for people struggling to get work done
- Make it **easier** to access **help** – clear page on JCR with various options
- Help people make **study plans** and schedules and stick to them
- Extra **practical support** in exam term

### Plans for (men's) welfare:

- Emphasise importance of looking after **mental health**
- Have **events** through the term to focus on different welfare-improving activities, e.g. sleep, hydration, exercise
- '**Themed**' **surgery hours** – although people can come to discuss any issue they want, each week will have an informal theme e.g. workblock, exam stress, etc, to prompt people to come + make surgeries **more useful**
- Continue to bring offerings of **sugary items** to the JCR



Corey demonstrates his comforting skills

### Relevant experience:

- LGBT representative, part of **JCR welfare team**
- Ran **surgery hours** to assist people
- Have used many of the university's welfare services, so have **first person knowledge** of how the systems work
- Have made many good cups of **tea** in past

Good at providing **biscuits**