

Kyieron Clarke for Men's Welfare Rep



Mental Health

I am aware of the difficulties that many men studying at Peterhouse/the University of Cambridge can bring fourth, both to those who are just starting their degree and to those who have been here for more than a year. I understand that struggling with a heavy workload, time-management and social interaction can result in deterioration of a student's mental wellbeing (depression, anxiety etc.) regardless of their gender. However, through media perceptions of men being "macho" and various aspects of socialisation teaching us that we are the less emotional gender – I believe men carry an unnecessarily heavy burden to live up to societal expectations. If elected, I will do everything in my power to reassure the men of this college that it is okay to struggle and opening up is not a sign of weakness, as I strongly believe that it is a sign of strength. Thus, I promise to devote at least two hours a week for male student who may want to release their emotions. Also, I promise to help improve general support and counselling accessibility for all male students.

No to sexual harassment

I understand that sexual harassment of any person regardless of their gender should not be tolerated. Therefore, I will campaign alongside our elected Women's Welfare Officer and Marginalized Gender Officer to maintain a zero tolerance policy towards sexual harassment and assault. In my capacity as Men's Welfare Officer, I will aim to implement additional consent workshops to raise awareness of what will not be tolerated at our college. I will work closely with any male victim of sexual harassment and give them advice on their university wide options when seeking to get support through said occurrences.

The Peterhouse/Merton College Men's Formal

I believe that it is very important that all young men at our college deserve to have a support network of friends who they can always feel comfortable to open up to. Therefore, if I am elected as Men's Welfare Officer, I will aim to set up a termly Men's Formal in association with (Merton College, Oxford) where all attendees will be given the opportunity to gather together, share their experiences and make lifelong connections.

University of Cambridge: Well-Fair Week

If elected as Men's Welfare Rep for Peterhouse, I aim to work closely with welfare representatives across the University of Cambridge to set up a "Well-Fair" week. I believe that students and academics at this university work incredibly hard and this often carries a heavy emotional burden with it. With that said, I think it is only fair to devote one week where students will have the option to take part in self-care sessions in Yoga, Mindfulness Classes and other fun activities that help us to forget about all the worries

of being a student at one of the world's best institutions. I hope you agree that this proposition is "Well-Fair" (get it? - holds for applause – tumbleweed)!

