

WOMEN'S WELFARE OFFICER



I'm Georgie, a second year medic. I've got a fantastic coffee machine that would make Welfare Hour

THINGS I'LL CONTINUE

- *Follow up from questionnaire taken by previous officers, discussing the results with the Dean, and hopefully pushing for more training for tutors*
- *Welfare dog in exam term*
- *Coffee and tea outside library in exam term*
- *Welfare pigeon hole packets of condoms/sexual health supplies*

THINGS I WANT TO DO

- *Welfare beyond sexual health*
 - *Create 'Term-card-esque' pamphlet to put in all pigeon holes in Freshers' week, including information on accessing Counseling Service, Peer2Peer, Nurse's timetable and other resources*
 - *Welfare talk in Freshers' squash in addition to, but separate to, STD balloons skit, focusing on mental welfare*
- *More diverse types of events*
 - *Yoga session – either inviting a teacher into college or organizing a visit to one of the Uni provided sessions (very close by at St Catz)*
 - *Self-care sessions – adult colouring, breathing techniques and any other ideas!*
- *Box of free sanitary products in bar and library toilets*
- *'Café hour' for anyone worried about being 'seen' in our small college attending a welfare drop in session. I will have an additional two hour slot once a week in a Cambridge café, where people can find me*
- *Pigeon hole welfare treats – a nice surprise mid-term*